

# The Clever Peace Lily takes centre stage this month

The Peace Lily is a timeless favourite. It achieved the accolade of efig's Office Plant of the Year two years ago; it is included in this year's long list for this year's Favourite Office Plant of the Year.

## **Breathe in, breathe out**

With its green, shiny leaves, creamy white spadix and pointed spathe, the Peace Lily is a real beauty, but you are underestimating this flower if you judge it on its beauty alone. There is more to the Peace Lily. It is known for its air purifying characteristic, so in the purer air you will feel better and it will improve your daily performance. Breathe in, breathe out.



## **Loving humidity**

Hailing from the rainforests of the Amazon in particular Colombia and Venezuela, it's no surprise that the Peace Lily loves a humid atmosphere. It first visited Europe in 1870 and soon became a favourite in our homes and later, our offices.

## **Caring for your Peace Lily**

The Peace Lily loves a light or shady position and lots of water every week, the plant has no problem with wet soil. If you forget to water it, don't worry, the plant is resilient and will revive after watering. Your Peace Lily thrives best at temperatures between 15 and 23° Celsius. It will flower between four to ten weeks and will then rest for a couple of weeks.

After about twelve weeks new shoots will develop spathes again.





**Some facts about the Peace Lily:**

- Peace Lilies are known as a symbol of peace: the white flower represents the white flag which is understood internationally as a signal of ceasefire
- You will find the Peace Lily in many varieties, from mini to extra-large
- You will create a healthy work environment, higher productivity and lower sickness rates, with an air purifying Peace Lily on your desk
- The plant belongs to the Aracea family, just like the Flamingo Flower
- The Peace Lily is also really suitable to place in the bathroom
- If your Peace Lily gets brown points on the leaves, the air around it is probably too dry. A plant water spray does wonders
- Your Peace Lily will also love being outside during the summer. Place it in a sheltered position in the shade
- Many people assume that the white spathes are the flowers, but the flowers of the Peace Lily are tiny and are found on the pointed spadix



See the [Flower Council of Holland](#) and [the Joy of Plants](#) for more information.

