

**National
plants@work
Week**

KEEP CALM

AND

TAKE ME TO WORK

**Research by Margaret Burchett:
plants reduce stress**

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ENJOY FRESH AIR?

TAKE ME TO WORK

**I'LL PUMP FRESH OXYGEN FOR YOU TO BREATHE
AND EAT UP ANY NASTY CHEMICALS IN THE AIR**

**Research by NASA, Fjed and others:
plants absorb chemicals in the air**

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BUSY DAY?

TAKE ME TO WORK

I'LL HELP YOU TO GET IT THROUGH IT FASTER

WITH A SMILE ON YOUR FACE

Research by Dr Craig Knight: plants raise productivity by 32%

Research by Margaret Burchett: plants improve your mood